

Faith Doesn't Erase Grief

EMBRACING THE EXPERIENCE AND FINDING HOPE

Kate J. Meyer, MDiv, LPC

Praise for Faith Doesn't Erase Grief

Unequivocally the best book on grief I've ever read. This reaches far beyond a typical textbook. It is extremely practical in addressing, with insight and compassion, what I've witnessed as a pastoral practitioner for over thirty years. This quote is worth the price of the book, "Death steals a person, every facet of them; grief steals living from the survivor." I wish I had this powerful resource in my earlier years as a chaplain. Every Christian chaplain, and everyone experiencing grief, needs a copy."

Rev. Dr. Alan T. "Blues" Baker

CEO ChaplainCare and Rear Admiral, Chaplain Corps, US Navy (Retired)

This exquisite book by Kate Meyer invites the reader into a reflective, authentic intrapersonal journey that elicits insight and healing. She provides a thoughtful approach to integrating sound theology with the inevitable aspects of understanding how the mind and body can be affected by loss and bereavement. She offers depth, breadth and substance to a topic that is often overlooked. I highly recommend this wonderful book that fosters awareness, empathy, compassion, since it is such a gift and faith offering to those who are blessed to engage with this important resource.

Dr. Catherine Mueller-Bell

LPC, PhD, Gordon-Conwell Theological Seminary

Grief is a long and winding road; a natural, but unpredictable journey. Meyer, demystifies grief—the greatest cost of love—and invites her readers to discover life and faith anew. She is a practical guide whose clinical wisdom facilitates restored identities, awakens hopeful living, and resists death's desire to undo the gifts of love. Be empowered to befriend your grief.

Rev. Jaco J. Hamman

PhD, Professor of Religion, Psychology, and Culture, Vanderbilt Divinity School

Kate Meyer has tackled a delicate topic with grace, giving the reader permission to feel grief that is free of guilt. Kate's writing style is beautiful and easy to understand. As a Christian and someone that has felt much discomfort with the comment, "They are in a better place," I appreciate Kate's candor and know that she is speaking with a loving heart to help ease that discomfort. In addition to being comforting, *Faith Doesn't Erase Grief*, is also filled with practical information about the stages of grief and healthy tools of emotional expression, just to name a few. As a therapist and executive director of a nonprofit counseling agency, I would recommend this book to anyone. Grief is a shared human experience and I think the true benefit would come from reading this book at any point in one's life.

Sarah Lewakowski

MA, LLP, Executive Director, Mosaic Counseling

Kate Meyer's compassionate, empowering new book on grief invites readers to embrace a both/and approach to the journey of healing and of finding renewed hope. In a world plagued by either/or thinking, this holistic model is deeply life-giving and will bless many with its engaging format and well-laid out, inspiring process. A true gift for believers and seekers alike.

Rev. Elizabeth Testa

Women's Transformation and Leadership and Equity-Based Hospitality
Reformed Church of America

